North Bethesda Transportation Center

www.nbtc.org

Legend:
- Ride-On Bus (5, 10, 26, 38, 42, 44, 45, 46, 81)
- MetroBus (C4, C8)
- (P) Park & Ride
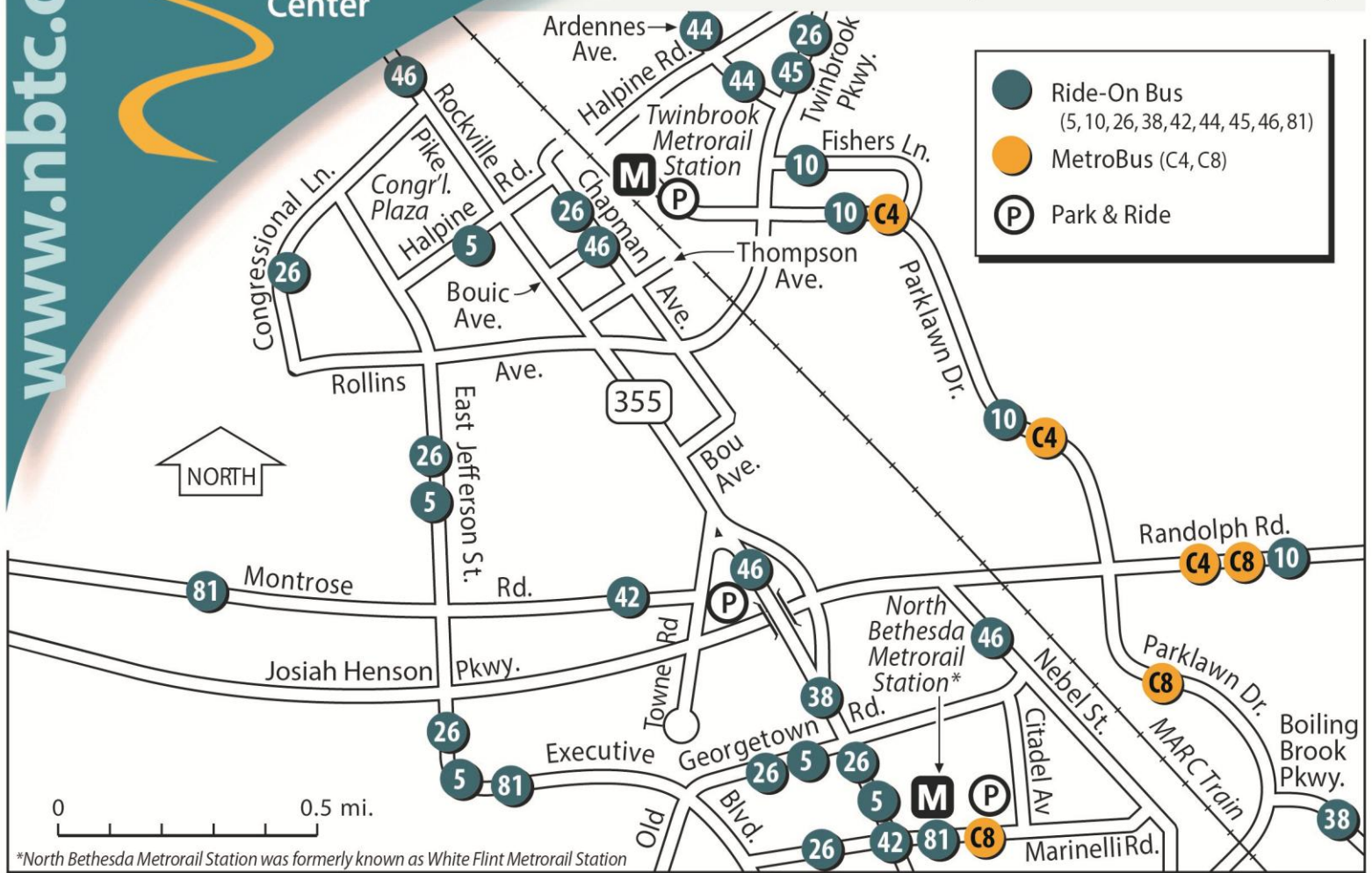
North Bethesda Metrorail Station was formerly known as White Flint Metrorail Station

ROUTE	FREQUENCY	WEEKDAY SERVICE HOURS*	BUS SERVICES INFORMATION
Ride On 5	20-30 minutes	Twinbrook Metro Station • 5:40am-1:35am Silver Spring Metro Station • 5:00am-12:55am	Serves Twinbrook Metro, North Bethesda (formerly White Flint) Metro, Garrett Park, and Silver Spring Metro.
Ride On 10	30 minutes	Twinbrook Metro Station • 5:15am-10:40pm Hillandale • 4:40am-10:25pm	Serves Twinbrook Metro, Parklawn Drive, Randolph Road, Glenmont Metro, Old Columbia Pike, White Oak Shopping Center, and Hillandale (New Hampshire Avenue and Powder Mill Road).
Ride On 26	20-30 minutes	Glenmont Metro Station • 4:55am-12:05am Westfield Montgomery Mall Transit Center • 4:25am-12:25am	Serves Glenmont & North Bethesda (formerly White Flint) Metro, Twinbrook Metro, and Westfield Montgomery Mall Transit Center.
Ride On 38	20-35 minutes	Wheaton Metro Station • 5:00am-9:40pm North Bethesda (formerly White Flint) Metro Station • 5:25am-10:15pm	Serves Wheaton and North Bethesda (formerly White Flint) Metro Stations. Midday service diverts to Holiday Park Senior Service Center.

(continued on reverse side)   *See schedules for specific arrival and departure times and for weekend service available on many routes.*

HELPING YOU GET FROM HERE TO THERE AND EVERYWHERE IN NORTH BETHESDA | 301.770.8108 | www.nbtc.org

ROUTE	FREQUENCY	WEEKDAY SERVICE HOURS*	BUS SERVICES INFORMATION
Ride On 42	20-30 minutes	Westfield Montgomery Mall Transit Center • 5:15am-8:35pm North Bethesda (formerly White Flint) Metro Station • 5:15am-7:55pm	Serves Westfield Montgomery Mall Transit Center, Montrose Road, Tuckerman Lane, and North Bethesda (formerly White Flint) Metro. Certain trips to Postal Academy/William F. Bolger Center.
Ride On 44	Rush Hour 30 minutes	Rockville Metro Station • 5:50am-8:35am & 3:50pm-7:30pm Twinbrook Metro Station • 6:15am-9:00am & 4:20pm-7:05pm	Rush hour service only. Serves Rockville Metro, Edmonston Drive at Rockville Pike, Veirs Mill at Ardennes, and Twinbrook Metro.
Ride On 45	20-35 minutes	Twinbrook Metro Station • 5:20am-7:55pm Rockville Regional Transit Center • 5:15am-8:15pm Rockville Senior Center • Limited service	Rush hour service only for Rockville Regional Transit Center, Rockville Metro and Twinbrook Metro. Rockville Senior Center – limited service.
Ride On 46	15-30 minutes	Montgomery College (Rockville) • 4:55am-12:35am Medical Center Metro Station • 5:40am-1:25am	Serves Montgomery College, Rockville Metro, Twinbrook Metro, North Bethesda (formerly White Flint) Metro, Grosvenor-Strathmore Metro and Medical Center Metro.
Ride On 81	Rush Hour 30 minutes	Rockville Metro Station • 5:50am-9:20am & 3:10pm-7:15pm North Bethesda (formerly White Flint) Metro Station • 5:45am-9:15am & 3:05pm-7:10pm	Rush hour service only. Serves Rockville Metro, Tower Oaks Boulevard, Montrose Road, and North Bethesda (formerly White Flint) Metro.
Metrobus C4	10-30 minutes	Twinbrook Metro Station • 4:12am-2:00am Hyattsville Crossing (formerly Prince George's Plaza) Metro Station • 4:20am-2:00am	Serves Twinbrook Metro, Veirs Mill area, Wheaton Metro, University Boulevard area and Hyattsville Crossing (formerly Prince George's Plaza) Metro.
Metrobus C8	35 minutes	North Bethesda (formerly White Flint) Metro Station (eastbound) • 4:57am-8:10pm College Park-U. of MD (westbound) • 5:13am-9:04pm Glenmont Metro Station (westbound) • 6:03am-9:50pm	Serves North Bethesda (formerly White Flint) Metro, Randolph Road, Veirs Mill Road, Glenmont Metro, New Hampshire Avenue, Univ. of MD.
Ride On extRa (101)	Rush Hour	Lakeforest Transit Center to Medical Center Metro • Monday-Friday 5:30-9:30 am & 3:30-7:30 pm Medical Center Metro to Lakeforest Transit Center • 5:30-9:30 am & 3:30-7:30 pm Special trips Rockville Metro to Lakeforest Transit Center • 5:30am & 3:30 pm Rockville Metro to Medical Center Metro • 5:30am & 3:30 pm 10 minute frequency of service during peak rush hour periods.	Limited stop service along Rockville Pike. Stops include: Lakeforest Transit Center, Summit Ave., Westland Dr., Shady Grove Metro, Montgomery College, Rockville Metro, Edmonston Dr., Templeton Place, Halpine Rd., North Bethesda (formerly White Flint) Metro Station, Security Ln., Tuckerman Ln., and Medical Center Metro.
Metrorail Red Line	Daily	Monday - Thursday 5 am - 12:00 am Friday 5 am - 1:00 am Saturday 7 am - 1:00 am Sunday 7 am - 12:00 am	Serves Montgomery County, via Washington DC, from Shady Grove to Glenmont, with stops in Bethesda, Grosvenor-Strathmore, Rockville, Twinbrook, and North Bethesda (formerly White Flint).
		MCDOT Better Ways To Work! Montgomery County Commuter Services	For additional route and bus schedule information: http://www.rideonbus.com http://www.wmata.com/schedules/timetables/ http://mta.maryland.gov/schedule?type=commuter-bus
			Updated 2/2025

See schedules for specific arrival and departure times and for weekend service available on many routes.